

# Starting your plan

Once your plan is approved, it is time to put it into action. The NDIS can work with you to start your plan.

Depending on your situation there are a range of people who can help you implement your plan and support you to start receiving supports.

You can start your plan by yourself if you are self-managed or with the support of a Local Area Coordinator or an Early Childhood Partner. Some people may also have a Support Coordinator funded in their plan to help them get started.

Using the relevant getting started checklist will help you start accessing community, mainstream and funded supports and get the most out of your NDIS plan.

While you may work with different people to get you started, there are few activities everyone can do either by yourself, with a family member, friend or carer to start your plan.

## 1. Read and understand your plan

Read and understand the supports in your NDIS plan. An NDIS plan has three support budgets (Core, Capital and Capacity) and you will receive reasonable and necessary funding under the relevant budget depending on your support needs.



Part three of your plan outlines all of your funded supports, budget and how the supports will be paid. The Support Area name in your plan matches the Support Category in NDIS Price Guide. To support participants to have choice and control over their NDIS plan, there is flexibility to ensure you can choose how to spend your funds to live the life you want.

More information about choice and control is available at [www.ndis.gov.au](http://www.ndis.gov.au)

## 2. Register for myGov and link to NDIS Participant Portal myplace

There are step-by-step guides to help you access and use myplace via myGov and link your account to NDIS. The person supporting you to start your plan can assist you with this process.



To activate myplace you will need to enter your (the participants) surname and date of birth in your myGov account.

You will need this activation code:

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This activation code will work until:

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## 3. Connect with the person who will help start your plan

Either meet with or talk over the phone with a Local Area Coordinator, Support Coordinator or an Early Childhood Partner to get your plan started, or you can start your plan by yourself if you are self-managed.



Use the relevant getting started checklist for your situation to start accessing community, mainstream and funded supports and get the most out of your NDIS plan.

More information about starting your plan is available at [www.ndis.gov.au](http://www.ndis.gov.au)